

October 2020

Fields Recreation Center

1701 Dairy Road, Garland, TX 75040 • 972-205-3090 • FRC@GarlandTX.gov • GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.	Fitness 101 By Appointment (M-F) Writing Tutoring By Appointment (M-F)	Preschool Adventures 9:30 a.m.		Preschool Adventures 9:30 a.m.		
10 a.m.						Empty Hands Karate 10 a.m. Volleyball 10:15 a.m.
11 a.m.						Esports 11 a.m.
Noon						Boxing Noon
1 p.m.						
2 p.m.						
3 p.m.	After School Adventures 3:10 p.m.	After School Adventures 3:10 p.m.	After School Adventures 3:10 p.m.	After School Adventures 3:10 p.m.	After School Adventures 3:10 p.m.	
4 p.m.						
5 p.m.		Robotics 5:30 p.m.		Basketball Skills (5 - 7 years) 5:30 p.m. Robotics 5:30 p.m.		
6 p.m.	Circuit Training 6 p.m. Roblox 6 p.m. Xtreme Hip Hop Step 6:30 p.m.	Boxing 6 p.m. Dance Combo Preschool 6 p.m. Uniquely Made Cards 6:30 p.m. 10/13 Dance Combo Elementary 6:45 p.m.	Circuit Training 6 p.m. Roblox 6 p.m. Xtreme Hip Hop Step 6:30 p.m.	Basketball Skills (8 - 13 years) 6:30 p.m.		
7 p.m.	Boot Camp 7 p.m.	Karate 7 p.m. Hip Hop Dance 7:45 p.m.	Boot Camp 7 p.m.	Karate 7 p.m.		
8 p.m.						

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. **All programs occur weekly unless noted with a date.**